

Let's talk about...

C oming

O ut of

V irus

I solation and

D istancing...

Your chance to
come and chat
about your
experience of
Covid-19 and
re-adjusting to
life post-
pandemic

we're offering

19 drop in sessions

3.15-4.15pm

Thursdays

@ The Bridge

starting 17 Sept

at least
that's
over...
mostly!

